

Exodus 23:10-13 **Sabbath day and Sabbath year**

¹⁰ "Six years you shall sow your land and gather in its produce, ¹¹ but the seventh year you shall let it rest and lie fallow, that the poor of your people may eat; and what they leave, the beasts of the field may eat. In like manner you shall do with your vineyard and your olive grove.

¹² Six days you shall do your work, and on the seventh day you shall rest, that your ox and your donkey may rest, and the son of your female servant and the stranger may be refreshed.

¹³ And in all that I have said to you, be circumspect and make no mention of the name of other gods, nor let it be heard from your mouth. NKJV

Facts Revealed:

- ✧ We remember that the Children of Israel were eyewitnesses as God spoke the moral law in the hearing of Israel. We find that the Children of Israel are standing far back from the mountain while Moses is standing near, but the Children of Israel can still hear the words being spoken by God. [[Exodus 20:21](#)]

- ✧ When God set the precedent of rest on the seventh day at the time of original creation, He intended for man to follow His example and rest every seventh day for his own good and to remember the works of God Who created all things. [[Genesis 2:1-3](#), [Ezekiel 20:12](#), [20:20](#)]
 - ✧ This command God reinforced later when He punished Israel for their failure on this point, [[Ezekiel 20:13-16](#), [20:23-24](#)]
 - ✧ This commandment was first given to the Gentiles at the time of Creation and is intended for all people to follow God's example and take rest every seventh day. [[Genesis 2:1-3](#)]
- ✧ Here we learn that God applies the same principle to the ground itself as He commands us to give the ground rest every seven years.
 - ✧ This command God reinforced later when He punished Israel for their failure on this point. [[Leviticus 26:27-35](#), [2 Chronicles 36:15-21](#)]
- ✧ God demands His people to be careful to obey all His commandments, and to keep themselves away from any form of idolatry, even to speaking the names of other so called gods.
 - ✧ This requirement is also passed on to the Church of the Gentiles. [[Matthew 28:19-20](#), [Acts 15:28-29](#)]

- ✧ All these words were heard by Moses and by the Children of Israel as God spoke from heaven, while His awesome presence was visible on the mountain in the most spectacular display of power. [[Exodus 19:9-19](#), [20:18](#), [20:22](#)]