

## John 6:22-71 **Living Bread that Came Down From Heaven**

### Setting – after feeding the 5,000

22 On the following day, when the people who were standing on the other side of the sea saw that there was no other boat there, except that one which His disciples had entered, and that Jesus had not entered the boat with His disciples, but His disciples had gone away alone-- 23 however, other boats came from Tiberias, near the place where they ate bread after the Lord had given thanks-- 24 when the people therefore saw that Jesus was not there, nor His disciples, they also got into boats and came to Capernaum, seeking Jesus. 25 And when they found Him on the other side of the sea, they said to Him, "Rabbi, when did You come here?"

### Wrong Motive for seeking Jesus

26 Jesus answered them and said, "Most assuredly, I say to you, you seek Me, not because you saw the signs, but because you ate of the loaves and were filled. 27 Do not labor for the food which perishes, but for the food which endures to everlasting life, which the Son of Man will give you, because God the Father has set His seal on Him."

### Works of God

28 Then they said to Him, "What shall we do, that we may work the works of God?"

29 Jesus answered and said to them, "This is the work of God, that you believe in Him whom He sent."

### Seeking a Sign

30 Therefore they said to Him, "What sign will You perform then, that we may see it and believe You? What work will You do? 31 Our fathers ate the manna in the desert; as it is written, 'He gave them bread from heaven to eat.' "

### Bread of Heaven that Gives Life

32 Then Jesus said to them, "Most assuredly, I say to you, Moses did not give you the bread from heaven, but My Father gives you the true bread from heaven. 33 For the bread of God is He who comes down from heaven and gives life to the world."

34 Then they said to Him, "Lord, give us this bread always."

35 And Jesus said to them, "I am the bread of life. He who comes to Me shall never hunger, and he who believes in Me shall never thirst. 36 But I said to you that you have seen Me and yet do not believe. 37 All that the Father gives Me will come to Me, and the one who comes to Me I will by no means cast out. 38 For I have come down from heaven, not to do My own will, but the will of Him who sent Me.

### The Will of God the Father

39 This is the will of the Father who sent Me, that of all He has given Me I should lose nothing, but should raise it up at the last day. 40 And this is the will of Him who sent Me, that everyone who sees the Son and believes in Him may have everlasting life; and I will raise him up at the last day."

### The People know the Family of Jesus – How can He claim to be from Heaven?

41 The Jews then complained about Him, because He said, "I am the bread which came down from heaven." 42 And they said, "Is not this Jesus, the son of Joseph, whose father and mother we know? How is it then that He says, 'I have come down from heaven'?"

43 Jesus therefore answered and said to them, "Do not murmur among yourselves.

#### No one can come to Jesus for Salvation unless drawn by the Father

44 No one can come to Me unless the Father who sent Me draws him; and I will raise him up at the last day. 45 It is written in the prophets, 'And they shall all be taught by God.' Therefore everyone who has heard and learned from the Father comes to Me.

#### No one has seen the Father except Jesus

46 Not that anyone has seen the Father, except He who is from God; He has seen the Father.

#### Jesus is the Bread of Life – Whoever Believes has Everlasting Life

47 Most assuredly, I say to you, he who believes in Me has everlasting life. 48 I am the bread of life. 49 Your fathers ate the manna in the wilderness, and are dead. 50 This is the bread which comes down from heaven, that one may eat of it and not die. 51 I am the living bread which came down from heaven. If anyone eats of this bread, he will live forever; and the bread that I shall give is My flesh, which I shall give for the life of the world."

52 The Jews therefore quarreled among themselves, saying, "How can this Man give us His flesh to eat?"

53 Then Jesus said to them, "Most assuredly, I say to you, unless you eat the flesh of the Son of Man and drink His blood, you have no life in you. 54 Whoever eats My flesh and drinks My blood has eternal life, and I will raise him up at the last day. 55 For My flesh is food indeed, and My blood is drink indeed. 56 He who eats My flesh and drinks My blood abides in Me, and I in him. 57 As the living Father sent Me, and I live because of the Father, so he who feeds on Me will live because of Me. 58 This is the bread which came down from heaven--not as your fathers ate the manna, and are dead. He who eats this bread will live forever." 59 These things He said in the synagogue as He taught in Capernaum.

#### Many could not handle this teaching from lack of understanding

60 Therefore many of His disciples, when they heard this, said, "This is a hard saying; who can understand it?"

61 When Jesus knew in Himself that His disciples complained about this, He said to them, "Does this offend you? 62 What then if you should see the Son of Man ascend where He was before? 63 It is the Spirit who gives life; the flesh profits nothing. The words that I speak to you are spirit, and they are life. 64 But there are some of you who do not believe." For Jesus knew from the beginning who they were who did not believe, and who would betray Him. 65 And He said, "Therefore I have said to you that no one can come to Me unless it has been granted to him by My Father."

66 From that time many of His disciples went back and walked with Him no more.

Do you want to go away also?

67 Then Jesus said to the twelve, "Do you also want to go away?" 68 But Simon Peter answered Him, "Lord, to whom shall we go? You have the words of eternal life. 69 Also we have come to believe and know that You are the Christ, the Son of the living God."

70 Jesus answered them, "Did I not choose you, the twelve, and one of you is a devil?" 71 He spoke of Judas Iscariot, the son of Simon, for it was he who would betray Him, being one of the twelve.  
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Facts Revealed:

### Setting – after feeding the 5,000

- ✚ Jesus had fed the 5,000 who had followed Him on foot to the east side of the Sea of Galilee to the region of Bethsaida where He had gone for some solitude in prayer. [Matthew 14:13-21, Mark 6:30-43, Luke 9:10-17, John 6:1-13]
- ✚ Jesus had sent the disciples ahead by boat to Capernaum, dismissed the Multitude, and gone up the mountain alone to pray, then came to the disciples in the boat walking on the sea when they were struggling against the storm. [Matthew 14:22-33, Mark 6:45-52, John 6:14-21]
- ✚ The following day, the people were looking for Jesus on the east side of the Sea of Galilee where He had fed them the evening before. [John 6:22]
  - ✧ They saw that when the disciples had left in the boat to go to Capernaum, Jesus had not been among them, and there was no other boat in the vicinity. [John 6:22]
  - ✧ Other boats came by from Tiberias by which they were able to catch a ride to Capernaum. [John 6:23-24]
  - ✧ When they found Jesus at Capernaum, they asked, "Rabbi, when did You come here?" [John 6:25]

### Wrong Motive for seeking Jesus

- ✚ Jesus answered them and said, "Most assuredly, I say to you, you seek Me, not because you saw the signs, but because you ate of the loaves and were filled. Do not labor for the food which perishes, but for the food which endures to everlasting life, which the Son of Man will give you, because God the Father has set His seal on Him." [John 6:26-27]
  - ✧ Jesus knew the hearts of the people, and that the multitude as today, were only following Him for what they could receive and benefit from the miracles Jesus was performing, healings and feedings.
  - ✧ Their focus was on the physical here and now, not on their relationship with God Most High, or that which is needed to gain Everlasting Life.
  - ✧ Jesus wanted the people to consider the signs He did, and to recognize that the miracles were done to provide evidence that Jesus is indeed the Messiah of Israel, the Savior of the world.
  - ✧ The teachings of Jesus is that food that endures to Everlasting Life, and is available only through Jesus.
  - ✧ The miracles are evidence that God the Father has approved of the ministry of Jesus and demonstrated that God the Father has set His seal of approval on Jesus.

### Works of God

- ✚ Then they said to Him, "What shall we do, that we may work the works of God?" [John 6:28]
  - ✧ From the human standpoint, people feel that God is swayed by the good deeds of the individual, and that if our good deeds out-weigh the bad, God must grant us eternal life in recognition of our good works.
  - ✧ From God's standpoint, all our good deeds are filthy rags. [Isaiah 64:6]

✚ Jesus answered and said to them, "This is the work of God, **that you believe in Him whom He sent.**" [John 6:29]

✧ God wants us to depend on Him for our Salvation, not on ourselves.

✧ Therefore, the operative factor is **believing Faith.** [Matthew 21:31-32, Mark 16:16, John 1:6-7, 12, 3:14-18, 36, 5:24, 6:40, 47, 8:24, 11:26, 20:30-31, Acts 10:43, 13:38-39, 48, 16:31, Romans 1:16, 9:33, 10:1-13, 1 Corinthians 1:21, Galatians 2:16, 3:22, 1 Timothy 1:16, 4:10, Hebrews 10:39, 1 Peter 2:6, 1 John 5:13]

### Seeking a Sign

✚ Therefore they said to Him, "**What sign will You perform then, that we may see it and believe You? What work will You do?** Our fathers ate the manna in the desert; as it is written, 'He gave them bread from heaven to eat.' " [John 6:30-31]

✧ People are so blind, Jesus had healed the sick, cast out demons, fed the multitude, walked on the sea, raised the dead, all proving His identity as related to God the Father, and when He asked them to believe or trust in Him for Everlasting Life, they ask for a sign.

✧ It was because of these signs that they had followed Him to the region of Bethsaida and back to Capernaum to seek Him, and still they ask for a sign to believe.

✧ They remembered that God had provided manna in the wilderness.

### Bread of Heaven that Gives Life

✚ Then Jesus said to them, "Most assuredly, I say to you, Moses did not give you the bread from heaven, but My Father gives you the true bread from heaven. For the bread of God is He who comes down from heaven and gives life to the world." [John 6:32-33]

✧ Manna sustained life in the wilderness for a short time while the adult generation died off and they traveled to the Promised Land.

✧ The true Bread from Heaven that gives life is He Whom God the Father has sent to give life to the world, Messiah Jesus. [John 6:33, 17:2]

✚ They said to Him, "Lord, give us this bread always." [John 6:34]

✚ And Jesus said to them, "**I am the bread of life. He who comes to Me shall never hunger, and he who believes in Me shall never thirst.** But I said to you that you have seen Me and yet do not believe. [John 6:35-36]

✚ All that the Father gives Me will come to Me, and the one who comes to Me I will by no means cast out. [John 6:37]

✚ For I have come down from heaven, not to do My own will, but the will of Him who sent Me. [John 6:38]

✧ Jesus clearly identified Himself as the Bread of Life, that came down from God out of Heaven.

✧ The promise is, that whoever comes to Jesus with believing faith, will never hunger or thirst, but will be satisfied with the Hope of Salvation through Jesus. [Matthew 5:6]

✧ Jesus knew that though the people had seen all the signs and partaken of them, they still did not believe.

✧ All whom the Father gives to Jesus will come to Him. [John 6:37, 44, 65]

✧ This is a statement of fact, that the heart of the one the Father gives to Jesus will desire to seek out the Lord and be drawn to Him. It is a point of discernment of God's call on an individual's life.

✧ Those who come to Jesus will by no means be turned away.

✧ Jesus came from Heaven with the sole purpose of doing the will of God the Father.

### The Will of God the Father

✚ **This is the will of the Father who sent Me**, that of all He has given Me I should lose nothing, but should raise it up at the last day. **And this is the will of Him who sent Me**, that

everyone who sees the Son and **believes in Him may have everlasting life; and I will raise him up at the last day.**" [John 6:39-40]

✧ The Will of God is, the security of the Saints. [John 6:39, 10:27-30, 17:12]

✧ The Will of God is, that everyone who sees the son and believes in Him may have everlasting Life, and Jesus will raise him up at the last day.

✧ The operative words are, **everyone** and **believes**.

✧ The promise for those who are raised at the last day to Everlasting Life, is for **those who believe**. [Matthew 21:31-32, Mark 16:16, John 1:6-7, 12, 3:14-18, 36, 5:24, 6:40, 47, 8:24, 11:26, 20:30-31, Acts 10:43, 13:38-39, 48, 16:31, Romans 1:16, 9:33, 10:1-13, 1 Corinthians 1:21, Galatians 2:16, 3:22, 1 Timothy 1:16, 4:10, Hebrews 10:39, 1 Peter 2:6, 1 John 5:13]

### The People know the Family of Jesus – How can He claim to be from Heaven?

✧ The Jews then complained about Him, because He said, "I am the bread which came down from heaven." [John 6:41]

✧ And they said, "Is not this Jesus, the son of Joseph, whose father and mother we know? How is it then that He says, 'I have come down from heaven'?" [John 6:42]

✧ Jesus therefore answered and said to them, "Do not murmur among yourselves. [John 6:43]

### No one can come to Jesus for Salvation unless drawn by the Father

✧ No one can come to Me unless the Father who sent Me draws him; and I will raise him up at the last day. It is written in the prophets, 'And they shall all be taught by God.' Therefore everyone who has heard and learned from the Father comes to Me. [John 6:44-45]

✧ It is God Himself Who causes a person to be able to come to Jesus for Salvation, without His enabling, mankind can not come to Jesus on their own.

✧ Everyone who has heard and learned from the Father does come to Jesus, in fact.

✧ Those who come to Jesus, will be raised at the last day by Jesus.

### No one has seen the Father except Jesus

✧ Not that anyone has seen the Father, except He who is from God; He has seen the Father. [John 1:18, 6:46, 1 John 4:12]

✧ No one has seen God at any time. The only begotten Son, who is in the bosom of the Father, He has declared Him. [John 1:18, 6:46, 17:5, 1 John 4:12]

✧ This statement being true, we learn that all the appearances of God, the Angel of Yehowah, Yehowah, Word of the Lord, The Lord, etc. were all appearances of Jesus in His pre-incarnate state as God the Word. [Genesis 2:7, 19, 21-24, 3:8-19, 12:7, 17:1, 18:1-33, 26:1-2, 26:23-25, 35:1-7, 9, 48:3, Exodus 3:2, 16, 4:5, 6:3, 24:9-11, Judges 6:12, 13:3-21, 1 Samuel 3:21, 2 Samuel 24:15-17, 1 Kings 3:5, 9:2, 11:9, 2 Chronicles 1:7, 3:1, 7:12, Luke 1:11]

### Jesus is the Bread of Life – Whoever Believes has Everlasting Life

✧ <sup>47</sup> Most assuredly, I say to you, he who believes in Me has everlasting life. <sup>48</sup> I am the bread of life. <sup>49</sup> Your fathers ate the manna in the wilderness, and are dead. <sup>50</sup> This is the bread which comes down from heaven, that one may eat of it and not die. <sup>51</sup> I am the living bread which came down from heaven. If anyone eats of this bread, he will live forever; and the bread that I shall give is My flesh, which I shall give for the life of the world." [John 6:47-51]

✧ The **Key to Eternal Life through Jesus** is; to **believe** in, **adhere** to, **trust** in, **rely** on, have **faith** in Jesus.

✧ Salvation to Eternal Life is not our doing, it is God's doing, we only need to rely on Him to do what He has promised, knowing that everything God says, He does.

✧ The symbol of eating the flesh of Jesus and drinking His blood is demonstrated in the Lord's Supper (communion service) (Passover Afikomen bread and cup of Redemption), when we eat the bread remembering the body of Jesus that was broken for us, and drink the cup remembering the blood Jesus shed for the sins of the world.

- ✧ Jesus paid the price of redemption, when He gave His life on the cross of Calvary taking away the sins of the world, to provide for the life of the world.
- ✧ The Jews therefore quarreled among themselves, saying, "**How can this Man give us His flesh to eat?**" [John 6:52]
  - ✧ Oh, how we struggle and stumble over the truth when we do not understand it.
- ✧ Eating of His body and drinking His blood are essential for our ongoing relationship with Jesus. [John 6:53-59]
  - ✧ Without it, we have no life inside us.
  - ✧ This obedience binds us with His promise to raise us up at the last day.
  - ✧ It demonstrates our desire to abide in Him.
  - ✧ Faith led obedience will receive Eternal Life.
  - ✧ He who eats this bread will live forever.
- ✧ These things He said in the synagogue as He taught in Capernaum. [John 6:59]

### Many could not handle this teaching from lack of understanding

- ✧ Therefore many of His disciples, when they heard this, said, "This is a hard saying; who can understand it?" [John 6:60, 66]
  - ✧ When we don't understand, it is so easy to just walk away.
- ✧ When Jesus knew in Himself that His disciples complained about this, He said to them, "Does this offend you? [John 6:61]
  - ✧ Jesus knew that the claim offended the senses of those who heard.
  - ✧ Yet we need to be tested to see if we will be offended and leave, or seek understanding that we may be blessed as the disciples did. [John 6:68-69]
- ✧ What then if you should see the Son of Man ascend where He was before? [John 6:62]
  - ✧ The disciples were to actually see Jesus ascend into Heaven from their presence. [Mark 16:19, Luke 24:50-51, Acts 1:9-11]
- ✧ It is the Spirit who gives life; the flesh profits nothing. The words that I speak to you are spirit, and they are life. [John 6:63]
  - ✧ The words of Jesus are the Spirit Who gives Life.
  - ✧ This is a reference to the Holy Spirit Who enables us to understand, that we may believe and thereby receive Eternal Life. [John 14:26, 15:26, 16:13-14]
- ✧ But there are some of you who do not believe." For Jesus knew from the beginning who they were who did not believe, and who would betray Him. [John 6:64]
  - ✧ Jesus being Omniscient knew what was in the heart of His followers.
- ✧ And He said, "Therefore I have said to you that no one can come to Me unless it has been granted to him by My Father." [John 6:65]
  - ✧ We can not even choose to come to Jesus unless the Father gives us the desire to do so.
- ✧ From that time many of His disciples went back and walked with Him no more. [John 6:66]

### Do you want to go away also?

- ✧ Then Jesus said to the twelve, "Do you also want to go away?" [John 6:67]
  - ✧ No one is forced to stay with Jesus, but we are asked to make a choice.
- ✧ But Simon Peter answered Him, "Lord, to whom shall we go? You have the words of eternal life. Also we have come to believe and know that You are the Christ, the Son of the living God." [John 6:68-69]
  - ✧ The close disciples had seen enough evidence and knew that no one had better demonstrated His Godly authority as well as Jesus had.
  - ✧ Peter's answer stood for the group and indicated that they were fully convinced that Jesus was indeed the Messiah of Israel they had all been seeking all along.

- ✧ The truth that Jesus only had the words of Eternal Life.
- ✧ That Jesus is indeed the Messiah (Christ, Anointed of God).
- ✧ That Jesus is indeed the Son of the Living God.
- ✚ Jesus answered them, "Did I not choose you, the twelve, and one of you is a devil?" [\[John 6:70\]](#)
- ✧ He spoke of Judas Iscariot, the son of Simon, for it was he who would betray Him, being one of the twelve. [\[John 6:71\]](#)