

Lamentations 5:1-22 **Prayer for Restoration**

Plea for Yahweh to look upon the oppressive consequence of our punishment with compassion

- 1 Remember, O Yahweh (Lord), what has come upon us; Look, and behold our reproach!
- 2 Our inheritance has been turned over to aliens, And our houses to foreigners.
- 3 We have become orphans and waifs, Our mothers are like widows.
- 4 We pay for the water we drink, And our wood comes at a price.
- 5 They pursue at our heels; We labor and have no rest.
- 6 We have given our hand to the Egyptians And the Assyrians, to be satisfied with bread.
- 7 **Our fathers sinned** and are no more, **But we bear their iniquities.**
- 8 Servants rule over us; There is none to deliver us from their hand.
- 9 We get our bread at the risk of our lives, Because of the sword in the wilderness.
- 10 Our skin is hot as an oven, Because of the fever of famine.
- 11 They ravished the women in Zion, The maidens in the cities of Judah.
- 12 Princes were hung up by their hands, And elders were not respected.
- 13 Young men ground at the millstones; Boys staggered under loads of wood.
- 14 The elders have ceased gathering at the gate, And the young men from their music.
- 15 The joy of our heart has ceased; Our dance has turned into mourning.
- 16 The crown has fallen from our head. Woe to us, **for we have sinned!**
- 17 Because of this our heart is faint; Because of these things our eyes grow dim;
- 18 Because of Mount Zion which is desolate, With foxes walking about on it.

Eternal omnipotent Yahweh – If you have not utterly rejected us, turn us back to You

- 19 You, O Yahweh (Lord), remain forever; Your throne from generation to generation.
- 20 Why do You forget us forever, And forsake us for so long a time?
- 21 Turn us back to You, O Yahweh (Lord), and we will be restored; Renew our days as of old,
- 22 Unless You have utterly rejected us, And are very angry with us!

NKJV

Facts Revealed:

- ✧ **Plea for Yahweh to look with compassion upon the oppressive consequence of our punishment** [[Lamentations 5:1-18](#)]
- ✧ **Eternal omnipotent Yahweh – If you have not utterly rejected us, turn us back to You** [[Lamentations 5:19-22](#)]
- ✧ Yahweh had promised not to cast them off forever [[Jeremiah 4:27, 30:11](#)]