

Psalm 103:1-22 **Let All in Heaven and on Earth Bless Yahweh**

Praise for the LORD 's Mercies

A Psalm of David.

¹ Bless Yahweh (the LORD), O my soul; And all that is within me, *ble*ss His holy name!

² Bless Yahweh (the LORD), O my soul, And forget not all His benefits:

³ Who forgives all your iniquities, Who heals all your diseases,

⁴ Who redeems your life from destruction, Who crowns you with lovingkindness and tender mercies,

⁵ Who satisfies your mouth with good *things*, *So that* your youth is renewed like the eagle's.

⁶ Yahweh (the LORD) executes righteousness And justice for all who are oppressed.

⁷ He made known His ways to Moses, His acts to the children of Israel.

⁸ Yahweh (the LORD) *is* merciful and gracious, Slow to anger, and abounding in mercy.

⁹ He will not always strive *with us*, Nor will He keep *His anger* forever.

¹⁰ He has not dealt with us according to our sins, Nor punished us according to our iniquities.

¹¹ For as the heavens are high above the earth, *So* great is His mercy toward those who fear Him;

¹² As far as the east is from the west, *So* far has He removed our transgressions from us.

¹³ As a father pities *his* children, *So* Yahweh (the LORD) pities those who fear Him.

⁴ For He knows our frame; He remembers that we *are* dust.

¹⁵ *As for* man, his days *are* like grass; As a flower of the field, so he flourishes.

¹⁶ For the wind passes over it, and it is gone, And its place remembers it no more.*

¹⁷ But the mercy of Yahweh (the LORD) *is* from everlasting to everlasting On those who fear Him, And His righteousness to children's children,

¹⁸ To such as keep His covenant, And to those who remember His commandments to do them.

¹⁹ Yahweh (the LORD) has established His throne in heaven, And His kingdom rules over all.

²⁰ Bless Yahweh (the LORD), you His angels, Who excel in strength, who do His word, Heeding the voice of His word.

²¹ Bless Yahweh (the LORD), all *you* His hosts, *You* ministers of His, who do His pleasure.

²² Bless Yahweh (the LORD), all His works, In all places of His dominion.

Bless Yahweh (the LORD), O my soul!

Facts Revealed:

- ✧ ·Bless Yahweh (the LORD), O my soul; And all that is within me, *bless* His holy name!
Bless Yahweh (the LORD), O my soul, And forget not all His benefits:
Who forgives all your iniquities, Who heals all your diseases,
Who redeems your life from destruction, Who crowns you with lovingkindness and tender mercies,
Who satisfies your mouth with good *things*, *So that* your youth is renewed like the eagle's. [Psalm 103:1-5]
- ✧ Love expressed a call to bless Yahweh and His Holy Name.
- ✧ He mentioned all the benefits of Yahweh.
- ✧ Forgives our iniquities, heals our diseases, redeems our life from destruction, crowns us with lovingkindness and tender mercies.
- ✧ He satisfies our mouths with good things and our youth is renewed like the eagles. [Isaiah 40:31] (This is fulfilled during the Kingdom Age in our new glorified bodies). [1 Corinthians 15:50-57]
- ✧ All this is valid reason to say, “Bless Yahweh, O my soul.”
- ✧ Yahweh (the LORD) executes righteousness And justice for all who are oppressed.
He made known His ways to Moses, His acts to the children of Israel.
Yahweh (the LORD) *is* merciful and gracious, Slow to anger, and abounding in mercy. [Psalm 103:6-8]
- ✧ Righteousness and justice are revealed in the Law Yahweh gave through Moses and demonstrated through Israel who saw all His mighty works firsthand.
- ✧ Yahweh is merciful and gracious, slow to anger, and abounding in mercy.
- ✧ He will not always strive *with us*, Nor will He keep *His anger* forever.
He has not dealt with us according to our sins, Nor punished us according to our iniquities. [Psalm 103:9-10]
- ✧ Yahweh will not always restrain His anger but will deal with us according to our sins and punish us according to our iniquities.
- ✧ For as the heavens are high above the earth, *So* great is His mercy toward those who fear Him;
As far as the east is from the west, *So* far has He removed our transgressions from us.
As a father pities *his* children, *So* Yahweh (the LORD) pities those who fear Him.
For He knows our frame; He remembers that we *are* dust. [Psalm 103:11-14]
- ✧ For those who fear Yahweh and obey Him, He will demonstrate His mercy, and remove our transgressions from us.
- ✧ Yahweh pities those who fear Him, remembering that we are dust.
- ✧ *As for* man, his days *are* like grass; As a flower of the field, so he flourishes.
For the wind passes over it, and it is gone, And its place remembers it no more.*
But the mercy of Yahweh (the LORD) *is* from everlasting to everlasting On those who fear Him, And His righteousness to children's children,
To such as keep His covenant, And to those who remember His commandments to do them. [Psalm 103:15-18]
- ✧ The days of a man are very brief and soon gone.
- ✧ The mercies of Yahweh are from everlasting to everlasting for those who fear Him.
- ✧ His righteousness to all generations of those who keep His covenant and obey His commandments.

☆ Yahweh (the LORD) has established His throne in heaven, And His kingdom rules over all.

Bless Yahweh (the LORD), you His angels, Who excel in strength, who do His word, Heeding the voice of His word.

Bless Yahweh (the LORD), all *you* His hosts, *You* ministers of His, who do His pleasure.

Bless Yahweh (the LORD), all His works, In all places of His dominion.

Bless Yahweh (the LORD), O my soul! [[Psalm 103:19-22](#)]

- ◇ The throne of Yahweh is in Heaven, and His kingdom rules over all in Heaven and on Earth.
- ◇ The writer calls on the angels to “Bless Yahweh.”
- ◇ The hosts of those who do His pleasure are called to “Bless Yahweh.”
- ◇ All creation, the works of His hand “Bless Yahweh.”
- ◇ **Bless Yahweh, O my soul!**