

Psalm 116:1-19 **I Called upon Yahweh in Distress and He Saved Me**

Precious in the sight of Yahweh is the death of His Saints

Thanksgiving for Deliverance from Death

¹ I love Yahweh (the LORD), because He has heard My voice *and* my supplications.
² Because He has inclined His ear to me, Therefore I will call *upon Him* as long as I live.

³ The pains of death surrounded me, And the pangs of Sheol laid hold of me; I found trouble and sorrow.

⁴ Then I called upon the name of Yahweh (the LORD): "O Yahweh (LORD), I implore You, deliver my soul!"

⁵ Gracious *is* Yahweh (the LORD), and righteous; Yes, Eloheynuw (our God) *is* merciful.

⁶ Yahweh (the LORD) preserves the simple; I was brought low, and He saved me.

⁷ Return to your rest, O my soul, For Yahweh (the LORD) has dealt bountifully with you.

⁸ For You have delivered my soul from death, My eyes from tears, *And* my feet from falling.

⁹ I will walk before Yahweh (the LORD) In the land of the living.

¹⁰ I believed, therefore I spoke, "I am greatly afflicted."

¹¹ I said in my haste, "All men *are* liars."

¹² What shall I render to Yahweh (the LORD) *For* all His benefits toward me?

¹³ I will take up the cup of salvation, And call upon the name of Yahweh (the LORD).

¹⁴ I will pay my vows to Yahweh (the LORD) Now in the presence of all His people.

¹⁵ Precious in the sight of Yahweh (the LORD) *Is* the death of His saints.

¹⁶ O LORD , truly I *am* Your servant; I *am* Your servant, the son of Your maidservant; You have loosed my bonds.

¹⁷ I will offer to You the sacrifice of thanksgiving, And will call upon the name of Yahweh (the LORD).

¹⁸ I will pay my vows to Yahweh (the LORD) Now in the presence of all His people,

¹⁹ In the courts of Beit Yahweh (the LORD 's house), In the midst of you, O Jerusalem.

Praise Yah (the LORD)!

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Facts Revealed:

☆ ·I love Yahweh (the LORD), because He has heard My voice *and* my supplications.
Because He has inclined His ear to me, Therefore I will call *upon Him* as long as I live. [Psalm 116:1-2]

◇ Vow to call upon Yahweh as long as I live because He heard me.

- ✧ The pains of death surrounded me, And the pangs of Sheol laid hold of me; I found trouble and sorrow.
Then I called upon the name of Yahweh (the LORD): "O Yahweh (LORD), I implore You, deliver my soul!"
Gracious *is* Yahweh (the LORD), and righteous; Yes, Eloheynuw (our God) *is* merciful. Yahweh (the LORD) preserves the simple; I was brought low, and He saved me.
Return to your rest, O my soul, For Yahweh (the LORD) has dealt bountifully with you. For You have delivered my soul from death, My eyes from tears, *And* my feet from falling. [Psalm 116:3-8]
- ✧ The Psalmist described his distress, his prayer, and how Yahweh delivered him.
- ✧ He confessed his understanding of the graciousness, righteousness, and mercy of Yahweh.
- ✧ I will walk before Yahweh (the LORD) In the land of the living.
I believed, therefore I spoke, "I am greatly afflicted."
I said in my haste, "All men *are* liars."
What shall I render to Yahweh (the LORD) *For* all His benefits toward me?
I will take up the cup of salvation, And call upon the name of Yahweh (the LORD).
I will pay my vows to Yahweh (the LORD) Now in the presence of all His people. [Psalm 116:9-14]
- ✧ Confession of faith.
- ✧ Promise to walk before Yahweh in the presence of all His people.
- ✧ Taking the cup of Salvation, calling upon the Name of Yahweh, and paying his vows.
- ✧ Precious in the sight of Yahweh (the LORD) *Is* the death of His saints. [Psalm 116:15]
- ✧ This is a statement that is greatly comforting for those who have lost a loved one who had faith in Yahweh.
- ✧ O LORD , truly I *am* Your servant; I *am* Your servant, the son of Your maidservant; You have loosed my bonds.
I will offer to You the sacrifice of thanksgiving, And will call upon the name of Yahweh (the LORD).
I will pay my vows to Yahweh (the LORD) Now in the presence of all His people, In the courts of Beit Yahweh (the LORD 's house), In the midst of you, O Jerusalem. [Psalm 116:16-19]
- ✧ The psalmist humbly declared to Yahweh that he is His servant.
- ✧ Promise to offer the sacrifice of thanksgiving calling upon the Name of Yahweh.
- ✧ To pay his vows openly in the presence of the people of Yahweh, in the courts of Beit Yahweh in Jerusalem.

Praise Yah (the LORD)!