

Psalm 142:1-7 **David's Prayer for Deliverance from Persecutors**

A Plea for Relief from Persecutors

A Contemplation* of David. A Prayer when he was in the cave.

¹ I cry out to Yahweh (the LORD) with my voice; With my voice to Yahweh (the LORD) I make my supplication.

² I pour out my complaint before Him; I declare before Him my trouble.

³ When my spirit was overwhelmed within me, Then You knew my path. In the way in which I walk They have secretly set a snare for me.

⁴ Look on *my* right hand and see, For *there is* no one who acknowledges me; Refuge has failed me; No one cares for my soul.

⁵ I cried out to You, O Yahweh (LORD): I said, "You *are* my refuge, My portion in the land of the living.

⁶ Attend to my cry, For I am brought very low; Deliver me from my persecutors, For they are stronger than I.

⁷ Bring my soul out of prison, That I may praise Your name; The righteous shall surround me, For You shall deal bountifully with me."

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Facts Revealed:

- ✧ I cry out to Yahweh (the LORD) with my voice; With my voice to Yahweh (the LORD) I make my supplication.
I pour out my complaint before Him; I declare before Him my trouble. [\[Psalm 142:1-2\]](#)
- ✧ This was no silent prayer, David prayed openly.
- ✧ When my spirit was overwhelmed within me, Then You knew my path. In the way in which I walk They have secretly set a snare for me. Look on *my* right hand and see, For *there is* no one who acknowledges me; Refuge has failed me; No one cares for my soul. [\[Psalm 142:3-4\]](#)
- ✧ David's spirit felt completely overwhelmed by the aggressiveness of his persecutors.
- ✧ Yet he knew that his ways are known by Yahweh.
- ✧ I cried out to You, O Yahweh (LORD): I said, "You *are* my refuge, My portion in the land of the living. Attend to my cry, For I am brought very low; Deliver me from my persecutors, For they are stronger than I. Bring my soul out of prison, That I may praise Your name; The righteous shall surround me, For You shall deal bountifully with me." [\[Psalm 142:5-7\]](#)
- ✧ David expressed his faith in Yahweh and asked for deliverance from his strong enemies.
- ✧ David promised to praise the Name of Yahweh for His help.
- ✧ David anticipated his blessed state with the abundant help of Yahweh.