

Psalm 31:1-24 **Trusting in Yahweh – Prayer for Mercy**

The LORD a Fortress in Adversity

To the Chief Musician. A Psalm of David.

Trusting Yahweh – Plea for Defense

- ¹ In You, O Yahweh (LORD), I put my trust; Let me never be ashamed;
Deliver me in Your righteousness.
- ² Bow down Your ear to me, Deliver me speedily; Be my rock of refuge, A fortress of defense to save me.
- ³ For You *are* my rock and my fortress;
Therefore, for Your name's sake, Lead me and guide me.
- ⁴ Pull me out of the net which they have secretly laid for me, For You *are* my strength.
- ⁵ Into Your hand I commit my spirit;
You have redeemed me, O Yahweh El (LORD God) of truth.
- ⁶ I have hated those who regard useless idols;
But I trust in Yahweh (the LORD).
- ⁷ I will be glad and rejoice in Your mercy,
For You have considered my trouble;
You have known my soul in adversities,
- ⁸ And have not shut me up into the hand of the enemy;
You have set my feet in a wide place.
- ⁹ Have mercy on me, O Yahweh (LORD), for I am in trouble;
My eye wastes away with grief,
Yes, my soul and my body!
- ¹⁰ For my life is spent with grief,
And my years with sighing;
My strength fails because of my iniquity,
And my bones waste away.
- ¹¹ I am a reproach among all my enemies,
But especially among my neighbors,
And *am* repulsive to my acquaintances;
Those who see me outside flee from me.
- ¹² I am forgotten like a dead man, out of mind;
I am like a broken vessel.
- ¹³ For I hear the slander of many;
Fear *is* on every side;
While they take counsel together against me,
They scheme to take away my life.
- ¹⁴ But as for me, I trust in You, O Yahweh (LORD);
I say, "You *are* Elohay (my God)."
- ¹⁵ My times *are* in Your hand;

Deliver me from the hand of my enemies,
And from those who persecute me.

¹⁶ Make Your face shine upon Your servant;
Save me for Your mercies' sake.

¹⁷ Do not let me be ashamed, O Yahweh (LORD), for I have called upon You;
Let the wicked be ashamed;
Let them be silent in the grave.

¹⁸ Let the lying lips be put to silence,
Which speak insolent things proudly and contemptuously against the righteous.

¹⁹ Oh, how great *is* Your goodness,
Which You have laid up for those who fear You,
Which You have prepared for those who trust in You
In the presence of the sons of men!

²⁰ You shall hide them in the secret place of Your presence
From the plots of man;
You shall keep them secretly in a pavilion
From the strife of tongues.

²¹ Blessed be Yahweh (the LORD),
For He has shown me His marvelous kindness in a strong city!

²² For I said in my haste,
"I am cut off from before Your eyes";
Nevertheless You heard the voice of my supplications
When I cried out to You.

²³ Oh, love Yahweh (the LORD), all you His saints!
For Yahweh (the LORD) preserves the faithful,
And fully repays the proud person.

²⁴ Be of good courage,
And He shall strengthen your heart,
All you who hope in Yahweh (the LORD).

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Facts Revealed:

- ☆ In You, O Yahweh (LORD), I put my trust; Let me never be ashamed;
Deliver me in Your righteousness.
Bow down Your ear to me, Deliver me speedily; Be my rock of refuge, A fortress of defense to save me.
For You *are* my rock and my fortress;
Therefore, for Your name's sake, Lead me and guide me.
Pull me out of the net which they have secretly laid for me, For You *are* my strength.
Into Your hand I commit my spirit;
You have redeemed me, O Yahweh El (LORD God) of truth. [\[Psalm 31:1-5\]](#)

- ✧ Trusting in Yahweh, David pleads for deliverance from his enemies and guidance that he might not be put to shame before them.
- ✧ David has committed his spirit to the hand of Yahweh El his redeemer.
- ☆ I have hated those who regard useless idols;
But I trust in Yahweh (the LORD).
I will be glad and rejoice in Your mercy, For You have considered my trouble;
You have known my soul in adversities,
And have not shut me up into the hand of the enemy;
You have set my feet in a wide place. [\[Psalm 31:6-8\]](#)
 - ✧ David hates idolaters.
 - ✧ David trusts in Yahweh and promised to be glad and rejoice in His mercy.
 - ✧ All this because he has experiential knowledge of Yahweh from past occasions of deliverance from his adversities and enemies.
 - ✧ Yahweh has set David in a secure place.
- ☆ Have mercy on me, O Yahweh (LORD), for I am in trouble;
My eye wastes away with grief, *Yes*, my soul and my body!
For my life is spent with grief, And my years with sighing;
My strength fails because of my iniquity, And my bones waste away.
I am a reproach among all my enemies, But especially among my neighbors,
And *am* repulsive to my acquaintances;
Those who see me outside flee from me.
I am forgotten like a dead man, out of mind; I am like a broken vessel.
For I hear the slander of many;
Fear *is* on every side; While they take counsel together against me,
They scheme to take away my life. [\[Psalm 31:9-13\]](#)
 - ✧ David expressed his grief, anguish and fear because of the attitude of the people especially his neighbors and acquaintances while his enemies plot against his life.
 - ✧ In true wisdom he cried out to Yahweh for mercy and help.
- ☆ But as for me, I trust in You, O Yahweh (Lord); I say, "You are Elohay (my God)."
My times are in Your hand; Deliver me from the hand of my enemies, And from those who persecute me.
Make Your face shine upon Your servant; Save me for Your mercies' sake.
Do not let me be ashamed, O Yahweh (Lord), for I have called upon You;

Let the wicked be ashamed; Let them be silent in the grave.
Let the lying lips be put to silence, Which speak insolent things proudly and contemptuously against the righteous. [\[Psalm 31:14-18\]](#)

- ✧ David expressed his faith in Yahweh Elohay acknowledging that his times are in the hand of God.
- ✧ He asked Yahweh to deliver him from the hand of his enemies and those who persecute him.
- ✧ David asked for God's favor and salvation, which will publically demonstrate the mercy of Yahweh and bring glory to His name.
- ✧ David said, "Do not let me be ashamed, O Yahweh (Lord), for I have called upon You."
- ✧ On the other hand, David asked for judgment against the wicked that they may be ashamed and silenced.

- ☆ Oh, how great *is* Your goodness, Which You have laid up for those who fear You, *Which* You have prepared for those who trust in You In the presence of the sons of men!
 You shall hide them in the secret place of Your presence From the plots of man;
 You shall keep them secretly in a pavilion From the strife of tongues. [\[Psalm 31:19-20\]](#)
 - ✧ David expressed his praise for the goodness of Yahweh extended to those who fear and trust in Him openly and publically.
 - ✧ David described the place of their protection from the plots and words of their enemies.

- ☆ Blessed be Yahweh (the LORD), For He has shown me His marvelous kindness in a strong city!
 For I said in my haste, "I am cut off from before Your eyes";
 Nevertheless You heard the voice of my supplications When I cried out to You. [\[Psalm 31:21-22\]](#)
 - ✧ David praised Yahweh for responding to his cry when he was in despair.

- ☆ Oh, love Yahweh (the LORD), all you His saints!
For Yahweh (the LORD) preserves the faithful, And fully repays the proud person.
 Be of good courage, And He shall strengthen your heart, All you who hope in Yahweh (the LORD). [\[Psalm 31:23-24\]](#)
 - ✧ David called all Saints to love Yahweh for His faithfulness to fully repay the proud and strengthen the heart of those who trust in Him.