

## Psalm 4:1-8 **Joy and Peace Trusting Yahweh – Foolishness of Scoffers**

### The Safety of the Faithful

To the Chief Musician. With stringed instruments. A Psalm of David.

1 Hear me when I call, O Elohey (God of) my righteousness! You have relieved me in my distress; Have mercy on me, and hear my prayer.

2 How long, O you sons of men, Will you turn my glory to shame? How long will you love worthlessness And seek falsehood? Selah

3 But know that Yahweh (the Lord) has set apart for Himself him who is godly; Yahweh (The Lord) will hear when I call to Him.

4 Be angry, and do not sin. Meditate within your heart on your bed, and be still. Selah

5 Offer the sacrifices of righteousness, And put your trust in Yahweh (the Lord).

6 There are many who say, "Who will show us any good?" Yahweh (Lord), lift up the light of Your countenance upon us.

7 You have put gladness in my heart, More than in the season that their grain and wine increased.

8 I will both lie down in peace, and sleep; For You alone, O Yahweh (Lord), make me dwell in safety.

NKJV

### Facts Revealed:

- ✧ Hear me when I call, O Elohey (God of) my righteousness! You have relieved me in my distress; Have mercy on me, and hear my prayer. [\[Psalm 4:1\]](#)
  - ✧ David was a man fully aware of his need of a right relationship with God.
  - ✧ He began as a shepherd alone in the fields with much time to meditate on the handiwork of creator God and realizing his only help and ability were dependant on the mercy and presence of his creator.
  - ✧ Samuel had said of David, "Yahweh has sought a man after His own heart and has commanded him to be captain over His people."
  - ✧ Now David acknowledged that Elohey is the source of his righteousness.
  - ✧ Elohey has relieved David in his distress in the past.
  - ✧ So David called on Elohey to have mercy and hear his prayer.
- ✧ How long, O you sons of men, Will you turn my glory to shame? How long will you love worthlessness And seek falsehood? Selah [\[Psalm 4:2\]](#)
  - ✧ This is a question we all feel toward the unsaved who ridicule our faith and promote their own false concepts.
- ✧ But know that Yahweh (the Lord) has set apart for Himself him who is godly; Yahweh (The Lord) will hear when I call to Him. [\[Psalm 4:3\]](#)
  - ✧ David expressed his confidence in his relationship with Yahweh and that Yahweh will hear his prayers.
  - ✧ David recommended that the ungodly reconsider this truth.
- ✧ Be angry, and do not sin. Meditate within your heart on your bed, and be still. Selah [\[Psalm 4:4\]](#)
  - ✧ Anger is not sin unless it becomes a grudge and leads to retribution.

- ✧ The best way to deal with anger is to meditate on it (think about it) in your heart and be still, exercising self control.
- ✧ It is emphasized by Paul saying, "do not let the sun go down on your wrath, nor give place to the devil." [\[Ephesians 4:26\]](#)
- ✧ Offer the sacrifices of righteousness, And put your trust in Yahweh (the Lord). [\[Psalm 4:5\]](#)
  - ✧ You shall not take vengeance, nor bear any grudge against the children of your people, but you shall love your neighbor as yourself: I am Yahweh (the Lord). [\[Leviticus 19:18\]](#)
  - ✧ You shall not take vengeance, nor bear any grudge against the children of your people, but you shall love your neighbor as yourself: I am Yahweh (the Lord). [\[Deuteronomy 32:35\]](#)
  - ✧ Beloved, do not avenge yourselves, but rather give place to wrath; for it is written, "Vengeance is Mine, I will repay," says the Lord. [\[Romans 12:19\]](#)
  - ✧ For we know Him who said, "Vengeance is Mine, I will repay," says the Lord. And again, "The Lord will judge His people." It is a fearful thing to fall into the hands of the living God. [\[Hebrews 10:30-31\]](#)
- ✧ There are many who say, "Who will show us any good?" Yahweh (Lord), lift up the light of Your countenance upon us. [\[Psalm 4:6\]](#)
  - ✧ Scoffers ridicule the concept of giving it all to Yahweh and trusting in His judgment.
- ✧ You have put gladness in my heart, More than in the season that their grain and wine increased.  
I will both lie down in peace, and sleep; For You alone, O Yahweh (Lord), make me dwell in safety. [\[Psalm 4:7-8\]](#)
  - ✧ Trusting in Yahweh, David can sleep in perfect peace in the joy of the Lord remembering all the good he has received from God the source of his security.