

## Romans 8:1-17 **Law of the Spirit to life – Law of the Flesh to sin and death**

### No condemnation in Christ Jesus – Free from the law of sin and death

<sup>1</sup> There is therefore now no condemnation to those who are in Christ Jesus, who do not walk according to the flesh, but according to the Spirit. <sup>2</sup> For the law of the Spirit of life in Christ Jesus has made me free from the law of sin and death.

<sup>3</sup> For what the law could not do in that it was weak through the flesh, God did by sending His own Son in the likeness of sinful flesh, on account of sin: He condemned sin in the flesh, <sup>4</sup> that the righteous requirement of the law might be fulfilled in us who do not walk according to the flesh but according to the Spirit.

### Factor of our mental focus

<sup>5</sup> For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit, the things of the Spirit. <sup>6</sup> For to be carnally minded is death, but to be spiritually minded is life and peace. <sup>7</sup> Because the carnal mind is enmity against God; for it is not subject to the law of God, nor indeed can be. <sup>8</sup> So then, those who are in the flesh cannot please God.

### Evidence of living in the Spirit

<sup>9</sup> But you are not in the flesh but in the Spirit, if indeed the Spirit of God dwells in you. Now if anyone does not have the Spirit of Christ, he is not His. <sup>10</sup> And if Christ is in you, the body is dead because of sin, but the Spirit is life because of righteousness. <sup>11</sup> But if the Spirit of Him who raised Jesus from the dead dwells in you, He who raised Christ from the dead will also give life to your mortal bodies through His Spirit who dwells in you.

### Choose life over death

<sup>12</sup> Therefore, brethren, we are debtors--not to the flesh, to live according to the flesh. <sup>13</sup> For if you live according to the flesh you will die; but if by the Spirit you put to death the deeds of the body, you will live. <sup>14</sup> For as many as are led by the Spirit of God, these are sons of God.

<sup>15</sup> For you did not receive the spirit of bondage again to fear, but you received the Spirit of adoption by whom we cry out, "Abba, Father." <sup>16</sup> The Spirit Himself bears witness with our spirit that we are children of God, <sup>17</sup> and if children, then heirs--heirs of God and joint heirs with Christ, if indeed we suffer with Him, that we may also be glorified together. NKJV

Facts Revealed:

### No condemnation in Christ Jesus

✠ There is therefore now no condemnation to **those who are in Christ Jesus, who do not walk according to the flesh, but according to the Spirit.** [Romans 8:1]

✧ To escape condemnation, we must be in Christ Jesus.

✧ The evidence of being in Christ Jesus, is the fact that we live according to the Spirit, as opposed to living according to the lusts of the flesh.

### Free from the law of sin and death, to live in righteous obedience to Jesus

✠ For the law of the Spirit of life in Christ Jesus has made me free from the law of sin and death. [Romans 8:2]

✧ Jesus came to provide a ransom for us to buy us back to God and redeem us from the penalty of death that accompanies sin.

- ✧ Jesus cleansed our sin away making us free from sin to live righteous in Him.
- ✧ The Law could not cleanse away our sin, because it revealed the sinfulness of the lusts of our flesh. [Romans 8:3]
- ✧ God did what the Law could not do by sending His Own Son to provide atonement for our sins. [Romans 8:3]
- ✧ God condemned sin in the flesh, that the righteous requirement of the Law might be fulfilled in us. [Romans 8:4]
- ✧ Deliverance from the law of sin and death, is for those who do not live according to the lusts of the flesh, but according to the Spirit. [Romans 8:4]
- ✧ This demonstrates the great need for repentance and commitment to live godly in the lives of believers. We can not undo our sins, but after Jesus has cleansed us from our sins, we do need to keep clean in obedience to His commandments.

### Factor of our mental focus

- ✧ Our relationship with God through Jesus is evidenced by our mental focus. [Romans 8:5-8]
  - ✧ If our minds are focused on things of the flesh, we will be living according to the flesh.
  - ✧ If our minds are focused on things of the Spirit, we will be living according to the Spirit.
  - ✧ To be carnally minded is death.
  - ✧ To be Spiritually minded is Life and Peace.
- ✧ The carnal mind is at enmity against God, because it is not subject to the Law of God, and in fact, it cannot be subject to the Law of God.
- ✧ Those who live according to the flesh cannot please God.

### Evidence of living in the Spirit

- ✧ Evidence that the Spirit of God dwells in you. [Romans 8:9-11]
  - ✧ You live pleasing to God according to the Spirit in righteousness.
  - ✧ You have confidence that the Spirit of God who raised Jesus from the dead dwells in you, and will also give life to your mortal bodies which will be changed to spiritual bodies at His coming. [1 Corinthians 15:35-58]

### Choose life over death

- ✧ Conclusion based on choice. [Romans 8:12-17]
  - ✧ If we live according to the flesh we will die.
  - ✧ If we live according to the Spirit, we will choose to put to death the deeds of the flesh and live for righteousness in Jesus.
  - ✧ Those who are led by the Spirit of God are sons of God.
  - ✧ As sons of God we are sons by adoption, and may cry out, "Abba, Father."
  - ✧ We have the testimony of the Holy Spirit witnessing with our spirit that we are children of God.
  - ✧ As Children of God, we become heirs of God and joint heirs with Christ Jesus.
  - ✧ Our commitment must be to the point where we will be willing to suffer with Christ, that we may also be glorified together with Him.